

Woman's Viewpoint

Original Lines Characterize
Coats for Southern Wear

COME HERE FOR A
FREE EXAMINATION
OF YOUR TEETH.

An estimate will be given you of the work done. It will be up to your own judgment. You will find that it is advantageous to you to at least know the exact condition of your teeth. Many small cavities are not exposed to your view that an expert can see readily.

You will not be asked to have the work done. It will be up to your own judgment. You will find that it is advantageous to you to at least know the exact condition of your teeth. Many small cavities are not exposed to your view that an expert can see readily.

Why not take advantage of this offer? Why neglect it any longer? Come today.

Genuine Painless Dental Work
A Specialty.

I Use the Best 22-kt. Gold in
GOLD CROWNS &
BRIDGE WORK,
\$3.00. \$4.00. \$5.00 Up.
Fillings, 50 Cents Up.

Anchor Suction Teeth,
Fit snug and will not
slip or drop; light
weight. \$5

DR. WHITE,

Washington's Favorite Dentist.

407 7th St. N.W.

Opposite Woodworth's 2d and 10th Sts.
Hours, Daily, 9:30 to 6:00; Wed. and Sat.,
until 5 p.m.; Sunday, 10 to 1. Phone M. 19.

SEWING MACHINE
OUT OF ORDER?

Telephone us and we will
send our wagon for it. Our
expert machinist will put it
in first-class condition at a
very small cost to you.
40 YEARS' EXPERIENCE.

OPPENHEIMER'S,
Cor. 8th and E sts. n.w.

"My Coffee"
SPECIAL BRAND.

This coffee has a most deli-
cious flavor and aroma.

Put up in one-pound
package. 30c

Roasted, Ground or Pulverized.

JOHN H. MAGRUDER

Fine Groceries, Cigars & Wines,
Connecticut Ave. and K St.

LET us Discuss
Plans for Beau-
tifying Your
Home.

FOR YEARS WE HAVE SPECIAL-
IZED ON INTERIOR DECORATING.
WE PLAN EFFECTIVE COLOR
SCHEMES.

Geo. Plitt Co., Inc.
1218 Connecticut Ave.

CHILDREN'S COLDS
TREATED EXTERNALLY

Dr. Henry Louis Smith, Pres. of Washington
and Lee University, Lexington, Va., says: "In
the last few years we have used

VICK'S Cream and
Salve

constantly, and our belief in its efficiency has
grown with continued use until it is now
relied upon entirely. It is safe, and has
the use of vapor lamps, internal medicines and
everything of the kind. Send for request. At all
druggists, 25c, 50c and \$1.00. Vick Chemical Co.,
Greensboro, N. C.

"I Do My
Housework in
Ten Minutes"

This is what a pretty and promi-
nent suffragist told the New York
newspapers, but she did not go into
details sufficient to show the average
woman how to do it. These are the
steps of labor-saving devices which
such things are possible.
Wise women nowadays plan their
work with the skill of efficiency en-
gineers and they make free use of
the many modern inventions.
One of the greatest modern labor-
savers is advertising in the five daily
newspapers, like The Star.
It is the short cut to accurate and
thriftful buying. It tells where to go
and what to avoid.
It gives the market quotations. It
tells what is new and useful.
Nowadays a woman who would
formerly spend half a day "shopping
around" can run through her favor-
ite newspaper and make up her mind
as to just where she wants to go
for the article she desires.
A few minutes of real shopping
time is consumed instead of half a
day.

CARE OF WARDROBE
A SOURCE OF INCOME

There will usually be found even in a small city a fair sized circle of women whose time is so taken up with business or with social engagements that the care of their own clothing is a matter of serious consideration to them.

The business woman naturally has little time left for sewing, and the woman who has many social demands made upon her and is the head of a household as well, often finds, unless she has an especial aptitude for sewing, that the care of her wardrobe is the one "last straw."

Are Not Thrifty.

Now American women, taking them as a whole, care more for clothes and dress more extravagantly than any other women in the world. They have neither the sense of proportion that the average French woman has, so if you pick out an average American woman who cannot afford a personal maid you will find unless she has ample time and is clever at sewing that her wardrobe is not kept in especially good order.

There will be things that need cleaning, ruffles that need reweaving, evening slippers to be gasolined, hats to be brushed and blocked and veils to be pressed, in fact, all the thousand and one things that make the care of clothes so troublesome.

Of course, there are always seamstresses to be had by the day and there are now many who make a specialty of mending, but there are few, if any, of these who will take care of gloves, hats, slippers and accessories, and therein lies the opportunity.

The girl who utilized this opportunity to make a very comfortable income for herself lives in a small city of about 30,000 inhabitants, and there she gets both classes of women—the business and the social. She says that the idea first came to her when she noticed how many women who prided themselves on being well dressed would go out with a hook off, a button loose, a creased veil or a spot on their suit, so often something just a little wrong—a suggestion of carelessness.

First Day Hard.

Little, perhaps, but enough to preclude the possibility of her being perfectly dressed. So the girl felt sure that it was lack of time that kept these women from attaining the perfection of dressing that they admired, and being anxious to make a little money she evolved this business of hers.

Her work is to take entire charge of your wardrobe—from boots to hats. The charge for regular customers is 24 a month, and for that she will call once a week and put your wardrobe in order.

She says that her first day with a new customer is usually a hard one, as she may have to spend several hours getting things mended and cleaned, and even then may have to take some work home with her. But after that thorough overhauling she is not likely to have to give more than an hour (or at the most two) a week to that customer.

If she is called in by the hour her charges are 50 cents an hour, as there is of course more difficult work for her in that case. A wardrobe that is not put in trim at least once a week is no light task to put in order.

MARY LEE.

THE DAILY MENU.

BREAKFAST. Baked Apples. Oatmeal. Sausage Cakes. Coffee.

Corn Muffins. LUNCHEON. Baked Beans. Boston Brown Bread. Tea.

Orange Marmalade and Wafers. DINNER. Cream of Celery Soup.

Chicken Croquettes. Cream Sauce. Apple Sauce. Baked Potatoes.

Corn Lettuce and Tomato Salad. Cup Custards. Coffee.

Pleated Satin Hat.

A new hat demonstrates the curious way in which satin is being arranged in full pleats, "hats" fashion. In one instance it is trimmed with a yellow tulle mount and an encircling ribbon of yellow to match.

Another rather quaint revival is noticed

"EAT ORANGES—EAT THEM ALL THE TIME!" Says Dr. Wiley

"BUT ONLY RIPE ORANGES!" Comments Health Officer Crumline

"ORANGES PROTRACT YOUTH AND MAKE BEAUTY!"—Lina Cavallieri

"Eat oranges—eat them all the time, as many as you can. They will save you many a doctor's bill," said Dr. Wiley, the world's leading authority on pure food.

"But not oranges that have been picked green," remarked Dr. S. J. Crumline of the Kansas State Board of Health. "The flavor is poor and the pulp fiber soon becomes woody and dry."

"I believe in youth-protracting and beauty-making power of oranges," wrote Lina Cavallieri, famed singer. "If I could have but one fruit, it would be oranges."

Famous athletes use grapefruit juice freely when in training. It is almost as strengthening as it is delicious—and its tonic properties aid the appetite and improve digestion.

How to Get Tree-Ripened, Sweet, Juicy Florida Oranges and Grapefruit in Your City

The juice of ripe oranges and grapefruit cool the blood in the winter season when heavy foods overheat it and make the system sluggish. Only tree-ripened oranges and grapefruit should be used—they are filled with sweet, delicious juice. Every family should use them freely.

The Florida Citrus Exchange—a co-operative body of growers formed to advance their interests by protecting consumers against unripe, inferior oranges and grapefruit—sends to the markets only tree-ripened fruits. The red mark of the Exchange guarantees ripe, juicy, spicy fruit.

No child labor is employed in the packing houses of the Exchange. Every worker wears white gloves and no hand touches the fruit. You can get Exchange fruit sure to be good, for little if any more than you pay for inferior or "maybe good" fruit. Your grocer can supply you.

If you have any trouble in finding a dealer who will supply you, please write to

C. N. WILLIAMS, 407 Jenifer Bldg., Washington, D. C.

DISTRICT MANAGER, Florida Citrus Exchange

FLORIDA CITRUS EXCHANGE

There is no class of women who know better how to discriminate in the use of things to make them more beautiful than actresses. Among the many celebrated stage beauties who use and enthusiastically praise both Harmony Hair Beautifier and Harmony Shampoo are:

ETHEL BARRYMORE Star in "The Sign of the Cross," New York.

ELISE FERGUSON Star in "A Strange Woman," Lyceum, New York.

LOUISE DRESSER Star in "Potash and Perlmutter," G. M. Cohan Theater, New York.

LAURETTE TAYLOR Star in "The Sign of the Cross," Cort Theater, New York.

NATALIE ALT Star in "The Sign of the Cross," Longacre Theater, New York.

ROSE COGHAN Star in "The Sign of the Cross," now touring the United States.

Sold only at the more than 7000 Retail Stores. Ours is the Best Store in this Town

O'Donnel's Drug Stores,

904 F St. N.W. Wisconsin Ave. and M St. N.W. WASHINGTON, D. C.

301 Pa. Ave. S.E. Wisconsin Ave. and P St. N.W. WASHINGTON, D. C.

AMERICAN FASHIONS.

BY LILLIAN E. YOUNG.

The all-white dress is so appropriately satisfactory for stylish evening gowns that one can hardly be surprised they are seen more than colors. White chiffon and mull silk are used together in the dainty model of the sketch, with only the bands of dark fur by way of contrast, and if desired this, too, may be kept white by substituting ermine, rabbit or mink skin, or even white mink.

Use white net for an underwaist. The overblouse of chiffon has a double corded puffing to the décolletage, with a tiny heading just inside. Short sleeves are cut in one and given a banding of

fur and double ruffling of self-material. A wide grille of the silk ties in a butterfly bow in front that is edged with fur. The tunic is in two flounces—the lower one attached to a plain net foundation that is veiled by the upper one. Both are mounted with tiny folds instead of gathers, and bordered with fur. In front they are lifted a little above the round long by means of a box fold caught up under the grille, where the butterfly bow forms a heading for it.

The skirt is draped from the waist at center front and gives the desired pannier fullness under the hips. Silver gauze is much used with white for the evening, and a suggestion that may meet with approval is to use some for the grille and hair bandeau in this same design.

AN ALL-WHITE EVENING PROCK IN CHIFFON AND SATIN.

Shopping and Paying Cash.

The high cost of living may be with us to stay, as some statisticians tell us, but the efficient housewife finds that by taking care in many small ways she can reduce the high cost of living.

The grocer says that the reason they are obliged to increase their prices is because of the necessity of maintaining a stock to answer the telephone and many delivery boys. So the interested housewife decides that she will no longer be a telephone shopper, and since she finds that it means too great an expenditure of time to go to market every day, she evolves a system of every other day ordering, and plans her meals accordingly.

Every one has always shopped Saturday for Sunday, and found it no hardship, and it is quite as easy to shop Monday for Tuesday, etc. This reduction of service is quickly appreciated by the tradesmen, and when with this is coupled the policy of paying cash for everything it is almost pathetic how pleased people are.

Another point is that the tradesman realizes how very easy it is for a woman who is not used to an account to be elsewhere, if not suited, and this makes them a little extra outgoing.

One housewife in the country tells of the saving she has made in meat by these methods. Her butcher cuts the forequarter of lamb so that one she has a delicious stuffed roast and the next ten juicy chops, and she gets it all for 18 cents.

Experience of having him tell her that he has saved an especially fine roast for her at a cent or two less the point because she will take a larger one than most of his customers and will pay cash.

It is the same way with the grocer—the assurance of having his money immediately makes him willing to give better quality cheaper.

The housewife herself says that the saving she has made in the "book" comes in is a great item. She no longer has to wonder "Did I get this on that day?" or "I am sure I did not get on that," and it is a tremendous help in her account keeping to settle by the day.

Tips for Turnip Dishes.

Turnips have possibilities of which few persons dream. Hence there is no necessity for serving them in an unpalatable way and no excuse for excluding them from the menu.

Stuffed, they are delicious. To prepare them in this way, choose half a dozen—any required number—of medium-sized turnips and remove the skin, using a sharp knife and only taking off a thin layer. Cut off the tops and scoop out the inside with a silver spoon, leaving a firm wall. Fill the cavities with chopped cold boiled lamb or mutton, seasoned with salt, pepper, chopped parsley and four tablespoonsful of chopped onion for every cupful of lamb. Replace the covers and put the turnips in a saucepan. Pour in

mutton broth so that it just reaches the tops of the turnips and simmer gently, covered, until they are tender. Just before they are done add a tablespoonful of vinegar to the liquid.

Vinegar gives lost the sharpness that is needed to supplement the rather flat flavor of the turnip. Turnips cooked in the following manner are served with a sauce to which vinegar is added. Peel the turnips and cut them in quarter-inch slices. Cook these in water until they are transparent. Then arrange the slices neatly on a platter or flat vegetable dish. For the sauce, enough of it to serve with six medium-sized turnips, melt a tablespoonful of butter, add the same amount of flour and then gradually add a cupful of water. Take from the fire and add a bay leaf, a tablespoonful of salt and some pepper until it measures only a little over two tablespoonsful. Then add to the sauce.

Turnips on gratin are prepared in this way: Pare and slice the turnips and bring them to the boiling point in cold water. Drain them and put them in a buttered casserole or other baking dish. Cover them with grated Parmesan cheese. Pour over this some thick white sauce, cover it with grated bread crumbs, sprinkle with a little cheese and bake brown.

Glazed turnips derive the necessary flavor from meat stock. Choose small, even turnips for this dish and cook them for

five minutes in rapidly boiling water. Drain them and brown them in melted butter. Drain them again and put them in a saucepan, pour some stock over them and simmer them slowly until they are quite tender. Remove them from the fire, arrange them in a hot dish, garnish with finely chopped parsley, and just before serving them to the table pour the hot gravy, well seasoned with salt and pepper, over them.

Copyright, 1913.

FASHIONS AND FADS.

Some of the new inexpensive cotton waists are of plain white voile with tiny self-platings.

Washable tulle blouses, prettily embroidered with tiny self-platings, are quite enchanting.

Emerald green velvet with black checks is being used for the new pleated skirts for sport wear.

It is said that we shall see a great many novelty came worn over light gowns as the spring advances.

There is a revival of the old-fashioned tating on linen dollies and centerpiece. One even sees collars of it.

Tuscan is a favorite color for the new one-button kidskin gloves. With black embroidery it is very effective.

THE VERY BEST

—thing that can be said

of "TOP-NOCH"

BREAD is this—it's

Meinberg-made. That

tells a quality story in

few words.

TOP-NOCH BREAD

AT GOOD GROCERS.

CRYSTAL

Domino

SYRUP

NEW!

A syrup made from pure cane sugar. Rich and wonderful in flavor—clear as amber—smooth as honey—the ideal syrup for waffles and pancakes—convenient for cooking—perfect for candies.

15c Two Sizes 25c

THE AMERICAN SUGAR REFINING CO.

Address: New York City

For Beautifying Your Hair

The Ladies in this Town are Simply Going Wild over Harmony Hair Beautifier. And no wonder, because to make the hair lustrous, soft and silky we believe there's nothing else—and we sell about all the various hair preparations made—that anywhere near comes up to Harmony Hair Beautifier.

Ask any one of the many women in this town who use it—she'll tell you she "loves" it. Just look at her hair, and you'll come to us and get some yourself.

HARMONY HAIR BEAUTIFIER

Is just what its name implies.—Just to make the hair glossy, lustrous, more beautiful.—Just to make it easier to dress, and more natural to fall easily and gracefully into the wavy lines and folds of the coiffure.

It leaves a delightful fresh and cool effect, and a lingering, delicate perfume. Will not change or darken the color. Contains no oil; therefore doesn't leave the hair sticky or stringy. Simply sprinkle a little on your hair each time before brushing it. But first, make sure that your hair and scalp are clean, by using

Harmony Shampoo

—A liquid shampoo to keep the hair clean, soft, smooth and beautiful. It gives an instantaneous, rich, foaming lather, penetrating to every part of the hair and scalp. It is washed off just as quickly, the entire operation taking only a few moments. It leaves no lumps or stickiness.—Just a refreshing sense of cool, sweet cleanliness.—Just a dainty, pleasant and clean fragrance.

—Both in odd-shaped ornamental bottles, with sprinkler tops.

Harmony Hair Beautifier, \$1.00. Harmony Shampoo, 50c.

Both are guaranteed to please you, or your money back.

These Stage Beauties Endorse Them

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